

Quality is our Passion
Passion Flower (*Passiflora incarnata*)

Tribulus

Clinical trials in Bulgaria suggest that to be effective Tribulus leaf extract should contain substantial levels of the important plant constituents: saponins of the furanostanol type. In these trials, Tribulus leaf extract was used to support male and female reproductive function. Of the furanostanol saponins, protodioscin is the most important one.¹ Extracts may be 'standardized' – this means they contain a certain amount of an important constituent. Top quality Tribulus leaf extracts are standardized to contain a certain amount of protodioscin.*

Research conducted by MediHerb has found that only raw herb sourced from Eastern European countries contains protodioscin. It is only the leaves and stem of the plant that contain this important constituent. The fruit (which is also used traditionally) does not contain protodioscin.^{2*}

How MediHerb Tribulus Keeps You Healthy

Tribulus supports healthy sex hormone production and reproductive function in men and women

Tribulus leaf extract containing protodioscin may gently stimulate the normal production of luteinizing hormone (LH) from the pituitary.³ This may lead the body to maintain testosterone at healthy levels. In this way top quality Tribulus leaf may help with normal male sexual function.*

Tribulus leaf extract containing protodioscin may gently stimulate the normal production of follicle stimulating hormone (FSH) from the pituitary.³ This leads the body to increase estrogen to healthy levels. In this way top quality Tribulus leaf may help with normal ovulation and may help in conditions where estrogen is naturally low (such as menopause).*

Tribulus supports vitality and an overall feeling of well-being

Tribulus leaf extract containing protodioscin may also have a tonic effect on the whole body, supporting vitality and feelings of well-being.*

Why use top quality Tribulus leaf from a reliable manufacturer?

Consumers need to be confident of the integrity of the herbal manufacturer to ensure that the product contains the stated amount of important constituents and that the best part of plant is used.*

It is only the leaves and the stem of the plant that contain good amounts of protodioscin – the fruit does not contain much, if any. Research undertaken by MediHerb has also shown that the range and amount of plant substances in Tribulus varies depending on where it was grown. Only herb sourced from the Central European areas of Bulgaria and Slovakia has been found to contain protodioscin.^{4*}

A study conducted in late 2001 analyzed three products selected from the United States market. Substantial levels of protodioscin were only found in the product from Bulgaria. The other two samples (one of which contained Tribulus fruit) were very low in protodioscin.^{5*}

Supplement Facts

Serving size:	1 tablet	
Servings per container:	40	
Amount per Serving		%DV
Calories	2	
Calcium	24 mg	2%
Tribulus herb (aerial parts) 12.5:1 extract	725 mg	†
from <i>Tribulus terrestris</i> herb (aerial parts) 9.0 g		
Containing furostanol saponins as protodioscin 100 mg		
† Daily Value (DV) not established.		

Other ingredients: Cellulose, calcium acid phosphate, sodium starch glycolate, hypromellose, silica and magnesium stearate.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

Product No
M1445

Content
40 Tablets



Associate Professor Kerry Bone
MediHerb Co-Founder and
Director of Research and Development

A Phytotherapist's Passion

"Philosopher and teacher Rudolf Steiner once said that, for every human illness, somewhere in the world there exists a plant which is the cure. I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature."

What Makes MediHerb Tribulus Unique

Tribulus from MediHerb is unique in the professional herbal products industry because:

- It is manufactured from the best quality aerial parts of the plant (mostly the leaf) and not the fruit (so it contains more of the important constituents, especially protodioscin)
- It states on the label exactly how much each tablet contains of the important constituents (protodioscin)
- MediHerb tests the quantity of protodioscin in Tribulus raw materials
- MediHerb's testing also ensures the protodioscin is retained in the product throughout manufacture

Unique Manufacture & Analytical Testing

Quality and safety ensured

- Manufactured in Australia to the high standards of international pharmaceutical Good Manufacturing Practice
- Raw materials and finished product are subjected to tough quality standards, including use of the latest and most relevant chemical analysis methods

References

- ¹ Zarkova S. *Tribestan: Experimental and Clinical Investigations*. Chemical Pharmaceutical Research Institute, Sofia, Bulgaria.
- ² Lehmann RP, Halloran KG, Ozarko LA et al. *Rev de Fitoterapia* 2002; **2**(S1): 217 [Abstract B006]
- ³ Milanov S, Maleeva E, Taskov M. *MBI: Medicobiologic Information* 1985; **4**: 27
- ⁴ Lehmann RP, Halloran KG, Ozarko LA et al. *Rev de Fitoterapia* 2002; **2**(S1): 217 (Abst. B006)
- ⁵ Ganzera M, Bedir E, Khan IA. *J Pharm Sci* 2001; **90**(11): 1752-1758



Quality is our Passion

MediHerb products are developed by experts and leaders in the field of herbal therapy, using scientific evidence and hundreds of years of traditional knowledge.

Kerry Bone and over 20 health care professionals work within MediHerb while still managing their own clinical practices, plus we consult with an advisory board of health care professionals from around the world.

Our products are made using only the highest quality ingredients which are extensively tested for purity and potency. The MediHerb manufacturing plant operates to a strictly regulated pharmaceutical standard and is regularly audited by the Therapeutic Goods Administration (similar to the FDA), the same body that audits conventional pharmaceutical manufacturing facilities. The comprehensive regulations in Australia mean that you receive a safe and effective product that has been manufactured to pharmaceutical standards.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver health solutions that work.



Exclusive United States Distributor for MediHerb®

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